



GETTING TO KNOW ZINES

What is a zine?



Hello! My name
is Sammy...



...& my name
is Helen!

**We are zinesters! That's
what people who make
zines are called!**

Zines (pronounced Z-E-E-N)
are a type of independent
& self-published media!

For something to be considered
a zine it is usually...

...photocopied...

...made for love, not profit...



...about specific and niche topics...

... & made by people who want to share
their something with the world!



Zine Genres*

*not a complete list



Zines don't have traditional genres like books do!

But they can be loosely grouped by common themes, aesthetic and ideas!

Some zines are made to share personal stories and thoughts. These types of zines are called perzines! They're like analogue blogs and are written in a diary-esque style.

If you are a fan of something and make a zine about it, you will have created a fanzine! They're a great way to find people who have the same interests as you!

We think that all zines are art but some zines specifically feature artwork, like drawing or photography, created by the zinester.

The zine community is a friendly place full of people who LOVE zines. It's quite common for zinesters to team up and create a zine together!

How to fold an 8-page mini zine



An 8-page mini zine is made using a single sheet of paper! There's no stapling needed which makes this one of the most popular zine formats.

Unfold this zine to reveal a blank 8-page template, and follow these instructions to make more! You can even experiment starting off with different paper sizes!



STEP ONE

Get an A4 sheet of paper.



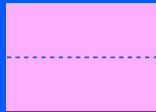
STEP TWO

Fold in half lengthways – like a hot dog!



STEP THREE

Unfold paper.



STEP FOUR

Fold paper in half the opposite way – like a hamburger!



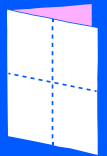
STEP FIVE

Fold in half again in the same direction.



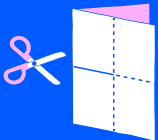
STEP SIX

Undo the last fold.



STEP SEVEN

From the folded edge cut along the center crease to the middle!



STEP EIGHT

Fully unfold the paper.



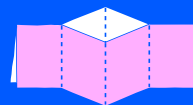
STEP NINE

Fold in half lengthways again! (Remember it's like a hot dog!)



STEP TEN

Hold on to the edges of paper and push towards the center.



STEP ELEVEN

Flatten down all the pages.



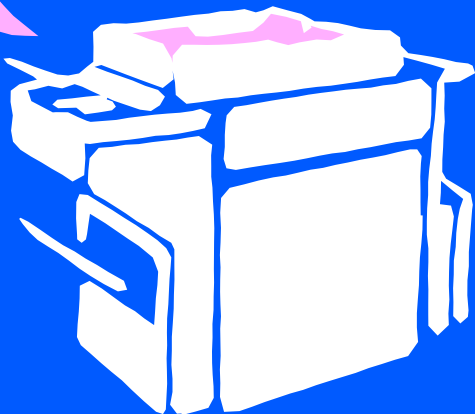
You have now folded an 8-page mini zine!

Photocopying your zine


Zines are made to be shared, so once you've finished making your zine the step is to make some copies!

The most common way to copy your zine is using a photocopier.


You can photocopy your zines at your local library, Officeworks or possibly Sticky Institute if you live in Melbourne.



Getting your zine out into the world!



You can distribute your zines by giving them to friends and family!




You could even sell them at Sticky Institute, or get in touch with your nearest zine distro!

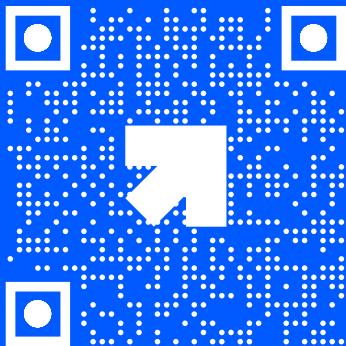
Another way to distribute your zine is by tabling at a zine fair!

It's a great way to meet other zinesters, engage in zine swapping, and learn more about zines!

Welcome to the zine community!



Share your story!



vichealth.vic.gov.au/share

This zine was created on the stolen lands of the Wurundjeri people of the Kulin Nation. We pay our respects to Elders past & present. Sovereignty was never ceded.



Created by
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with the support of
Future Healthy.



STICKY
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